

A. Sophie Rogers School for Early Learning

## Week of the Young Child at the Schoenbaum Family Center

April 3rd - 7th



THE OHIO STATE UNIVERSITY  
SCHOENBAUM FAMILY CENTER



During the week of April 3-7, the National Association for the Education of Young Children (NAEYC) is sponsoring the Week of the Young Child®, a “fun-filled week celebrating young children and their families with hands-on, collaborative activities encouraging movement and healthy lifestyles through music, food, and art.” The Schoenbaum Family Center is participating throughout the week with a variety of enriching take-home activities and special events for our children and their families.

### **Music Monday, April 3**

Music is an important part of developing your child’s early literacy and motor skills through dancing, singing, and listening. Pick up a Paper Plate Tambourine Kit in the lobby to create an instrument at home.

#### ***Other At-Home Ideas:***

- Have a family dance party with your favorite tunes.
- Recreate a "storytime at home" by listening to Miss Sarah's Family Storytime Spotify playlist: <https://open.spotify.com/playlist/7pxG8e21tQBrEDEz14bDMI>

### **Tasty Tuesday, April 4**

Healthy eating is an important part of growing up. Join us for Food is Awesome! - a special family storytime focused on foods that help your body function and grow. A snack made my Chefs Mark and Joe will be provided as a special treat

#### ***Other At-Home Ideas:***

- Make a snack or a meal together as a family. Encourage your child to participate in measuring the ingredients. Math and science literacy are important for kindergarten readiness.
- Talk about your family’s favorite meals. Are they all the same? What are your favorite things to make at home? What foods are important for your family?

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### Work Together Wednesday, April 5

Working collaboratively to achieve a common goal is a valuable way to develop your child's social and emotional skills. Boxes and other fort-building materials will be available in Town Square for your child's class to create structures while working together.

#### ***Other At-Home Ideas:***

- Use household materials like pillows, blankets, chairs, and tables to create a fort at home. Work together and encourage your child to experiment with their placement of items. Which construction is the sturdiest? Why?
- Check out Iggy Peck, Architect or Rosie Revere, Engineer both by Andrea Beaty from the school's library and read in your fort

### Artsy Thursday, April 6

Making art builds your child's fine motor skills, creativity, and decision-making. Join us for Ulti-Mutt Readers in the Art Studio while we read Alma's Art about Alma Woodsley and create handprint (and paw print!) artwork with Cascade!

#### ***Other At-Home Ideas:***

- Work on a creative challenge together at home! Draw a monster that has a special power. Draw a self-portrait using a mirror.
- Learn something about a well-known artist like Georgia O'Keefe, Frida Kahlo, or Elijah Pierce. Share your newly learned fact with someone special!

### Family Friday, April 7

Family engagement in your child's education is central to their academic success now and later in life. You are your child's first and best teacher. Take a moment today and contribute your child's response to the "I Love My Family Because..." board in the lobby.

#### ***Other At-Home Ideas:***

- Have a family game night at home. You could play board games, card games, or written games like Tic Tac Toe.
- Be an at-home helper. Work together to accomplish a household duty like taking a family pet for a walk or doing the dishes.