A. Sophie Rogers School for Early Learning

# Week of the Young Child at the Schoenbaum Family Center

APRIL 8-12, 2024

THE OHIO STATE UNIVERSITY SCHOENBAUM FAMILY CENTER



During the week of April 8-12, the National Association for the Education of Young Children (NAEYC) is sponsoring the Week of the Young Child®, a "fun-filled week celebrating young children and their families with hands-on, collaborative activities encouraging movement and healthy lifestyles through music, food, and art." The Schoenbaum Family Center is participating throughout the week with a variety of enriching take-home activities and special events for our children and their families.

### Music Monday, April 8

Music is an important part of developing your child's early literacy and motor skills through dancing, singing, and listening. Your child will have an instrument kit in their mailbox to take home.

### At-Home Ideas:

- Have a family dance party with your favorite tunes.
- Recreate a "storytime at home" by listening to Miss Sarah's Family Storytime Spotify playlist: <u>https://open.spotify.com/playlist/7pxG8e21tQBrEDEz14bDMI</u>

## Tasty Tuesday, April 9

Healthy eating is an important part of growing up. Join us for **Food is Awesome!** - a special family storytime focused on foods that help your body function and grow. An afterschool snack will be provided by Chefs Mark and Joe as a special treat!

### At-Home Ideas:

- Make a snack or a meal together as a family. Encourage your child to participate in measuring the ingredients. Math and science are important for kindergarten readiness.
- Talk about your family's favorite meals. Are they all the same? What are your favorite things to make at home? What foods are important for your family?

### Work Together Wednesday, Apr 10

Working collaboratively to achieve a common goal is a valuable way to develop your child's social and emotional skills. All of the classrooms will work collaboratively during a special parachute play program.

#### At-Home Ideas:

- Use a flat sheet for at-home parachute play. Visit <u>https://www.weareteachers.com/parachute-games/</u> for fun parachute ideas.
- Create a DIY "parachute" fort at home and read your favorite books underneath!

### Artsy Thursday, April 11

Artsy Thursday: Making art builds your child's fine motor skills, creativity, and decision-making. Buckeye Paws will join us for a special Puppy Painting Party in the Art Studio.

#### At-Home Ideas:

- Work on a creative challenge together at home! Draw a monster that has a special power. Draw a self-portrait using a mirror.
- Learn something about a well-known artist like Georgia O'Keefe, Frida Kahlo, or Elijah Pierce. Share your newly learned fact with someone special!

### Family Friday, April 12

Family engagement in your child's education is central to their academic success now and later in life. You are your child's first and best teacher. Take a moment to celebrate family by joining a family dance party DJed by a ASR dad!

#### At-Home Ideas:

- Have a family game night at home. You could play board games, card games, or written games like Tic Tac Toe.
- Be an at-home helper. Work together to accomplish a household duty like taking a family pet for a walk or doing the dishes.